

ESMD AUTUMN SCHOOL 2019

Program

Friday 27/9/2019

M - Museum Leuven (Leopold Vanderkelenstraat 28, 3000 Leuven, Belgium)

09.00-09.30	Registration
09.30-09.35	Opening Philippe Van Audenhove, chairman and treasurer of ESMD
09.35-10.20	Ergonomics designed around your team, not your equipment Dr. Martyn Amsel and Mrs. Claire Thorburn
10.20-11.50	Sitting Pretty Mrs. Jacqueline Bos
11.50-12.00	Q & A
12.00-13.00	Lunch, meet the sponsors, museum visit
13.00-13.45	It takes two to tango Dr. Martyn Amsel and Mrs. Claire Thorburn
13.45-14.30	Color Guided Dentistry Dr. Christian Del Rey Schnitzler
14.30-15.15	Long live the sedentary dentist! Dr. Maaïke Huysmans
15.15-15.45	Coffee break, meet the sponsors
15.45-16.30	The fog has lifted and the pain is gone... M.Sc. Philippe Van Audenhove
16.30-17.00	Microscope Configuration Dr. Christian Del Rey Schnitzler
17.00-17.15	Q & A
17.15-17.25	Closing remarks Dr. Laura Andriukaitiene, ESMD president
17.25-17.45	SciCan lottery

Event facilitated by:



COLTENE
SciCan

Partners:





ESMD AUTUMN SCHOOL 2019

Saturday 28/9/2019

UZ Sint Rafaël Leuven (Kapucijnenvoer 7, 3000 Leuven)

This program provides an overview of the topics and exercises that each team will work through at its own pace, supported and with advice from the different coaches in each area*.

08.30-09.00	<ul style="list-style-type: none"> • Registration and acquaintance with each other and the coaches. • Assignment of the dental units and installation.
09.00-12.00	<ul style="list-style-type: none"> • Ergonomic working positions, routine of instrument exchange and aspiration technique. • Cofferdam placement, four-handed cavity preparations and composite restorations in upper and lower jaw, four-handed.
10.30-11.15	Free optional session. Core stability and relaxation exercises: neck, shoulder, arm
12.00-12.45	Lunch
12.45-16.45	<ul style="list-style-type: none"> • Microscope settings, microscope ergonomics and mirror use • Cavity preparations and composite restorations four-handed under microscope
14.45-15.30	Free optional session. Core stability and relaxation exercises: back
16.45-17.15	Q & A
17.15-18.00	Farewell drink

Throughout the day, Dr. Christian del Rey Schnitzler also remains available for individual postural measurements, useful for the choice of microscope, microscope options and add-ons.

Event facilitated by:



Partners:



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